

2010 WBC COURSE OUTLINE

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| Week #1 JAN 19 | 7:00 7:05 7:20 7:45 7:50 8:00 8:15 8:35 8:55 9:00 | Opening Remarks (52nd Year) WBC Overview/Staff Introduction Conditioning Introduction to A-16 Day Hike Instructions Break/Day Hike Sign-up Boots Ten Essentials WBC Cost Projections Registration | 5 Lance Smith 15 Lance Smith 25 Jim Jafolla 5 A-16 Store Manager 10 Aaron Sweeney 15 ----- 20 Bob Stinton 20 Mike Fry 5 Ken Smith 30 Mark Nickel/Jim Geddis/Staff | Wilderness Basics Chapters 3 And Pages 54-59 |
| JAN 23 | 7AM- 12PM | Day Hike - Cowles Mtn | Leaders/Staff | Day Packs/10 Essentials |
| Week # 2 JAN 26 | 7:00 7:05 7:10 7:30 7:40 8:10 8:35 9:10 | Day Hike Results Car Camp Overview Car Camp Sign-up BREAK Clothing (Warm Climate) Sanitation Camping Equipment Beginners in the Wild | 5 Aaron Sweeney 5 James Palmer 20 James Palmer/Staff 10 ----- 30 Bob Stinton 25 Barton Ward 35 Bob Stinton 20 Starla Rivers | Pages 47-49, 52-54, 17-19, 147-150 and 59-52 |
| JAN 28 | 5-9PM | REI Open House | Students/Staff/Leaders | Equipment Demo's |
| JAN 30 | 7AM- 10 AM | Day Hike - Cowles Mtn | Leaders/Staff | Day Packs/10 Essentials |
| JAN 31 | 5-7PM | A-16 Open House | Students/Staff/Leaders | Equipment Demo's |
| Week # 3 FEB 2 | 6:00- 6:45 7:00 7:45 8:45 8:55 | CAMP EQUIP SWAP MEET Car Camp Planning Desert Flora & Fauna BREAK Backpack Demonstrations | Leaders/Staff/Students 45 Leaders/Staff 60 ABDSP Superintendent 10 ----- 35 Leaders | Pages 203-204 and 217-221 Demo of Packing Backpacks |
| FEB 6-7 | | Car Camp | Leaders/Staff | Camping Gear |
| Week # 4 FEB 9 | 6:15 7:00 7:05 7:25 7:45 8:10 8:15 9:00 | Trail Etiquette or How Not to Act Like a Beginner Land Navigation Overview Land Navigation Sign-up Outdoor Ethics- Video How to Start a Fire BREAK First Aid Video "Survival" | Arleen Tavernier 5 Peter Spiller 20 Peter Spiller/Staff 20 Al Hofstater 25 Al Hofstater 05 ----- 45 Ellen Shively 30 Lance Smith | Chapters 2, 16 & 17 |
| Week # 5 FEB 16 | 6:00- 6:45 7:00 7:45 8:25 8:35 9:00 | Community Organizations Map & Compass Hands-on Inst/Planning Map & Compass Use BREAK Water Treatment Food & Cooking | Equipment Displays 45 Leaders 40 Nelson Copp 10 ----- 25 Bob Stinton 30 Pauline Jimenez | Various Equip/Organizations Chapter 6 & 7 |
| FEB 20-21 | | Land Navigation Backpack | Leaders/Staff | Backpacking Equipment |
| Week # 6 FEB 23 | 7:00 7:10 7:40 8:00 8:45 9:05 | Mtn/Desert Backpack Overview Mtn/Desert Backpack Sign-up BREAK Weather High Altitude Sickness Hypothermia/Dehydration/Heat Stroke | 10 Jackson Wan 30 Jackson Wan/Staff 20 ----- 45 Shawn Styles 20 Dr. Jeffrey Gertsch 25 Jim Jafolla | Chapter 8 and 14 and Pages 231-233 |
| Week # 7 MAR 2 | 7:00 7:50 8:00 8:40 8:50 | Mtn/Desert Backpack Planning BREAK Animal Encounters BREAK Planning Your Own Outing & Organizing a Long Distance Trek | 50 Leaders/Staff 10 ----- 40 Walter Knopka 10 40 Skip Forsht | Chapter 10 |

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| | | Note: Please bring payment for Snow Camp Next Week | | |
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| MAR 6-7 | | Desert Backpack | Leaders/Staff | Backpack Equipment |
| Week # 8 MAR 9 | 6:00 - 6:45 7:00 7:45 7:50 8:05 8:25 | CAMP EQUIP SWAP MEET Winter Equipment/Clothing WBC Reunion Permits and Planning Snow Camp Overview BREAK Snow Camp Sign-up/Fee Collection | Leaders/Staff/Students 45 Bob Stinton 05 Kishan Balgobin 15 Lance Smith 20 Veronica Giancola 10 ----- 65 Veronica Giancola/Staff | Pages 54-59 and 219-221 |
| Week # 9 MAR 16 | 6:15 7:00 7:40 7:50 8:00 | Emergency Shelters Snakes and Insects Make Up Outings BREAK – Make up Preference Sign Up Snow Camp Plan/Equip Checkout | Lana Urbanski 40 Walter Knopka 10 Jody Stell 10 ----- 90 Leaders/Staff | Pages 266-267, Page 265 and Pages 76-77 & 239-263 |
| Mar 19-21 | | Snow Camp | Leaders/Staff | Backpack Equipment |
| Week # 10 MAR 23 | 6:00 6:30 7:00 7:15 7:20 7:40 8:00 8:20 9:15 | Sierra Club Sections Make Up Outings Sign Up Bus and Ski Section Trips Announcements Introduction to Sierra Club BREAK – Meet w/Make Up Trip Leaders Conclusion FINAL EXAM Last Class Bash | Jody Stell/Staff 15 Mike Fry 5 Lance Smith 20 Skip Forsht 20 ----- 20 Lance Smith 55 Staff ?? Staff/Students | Chapters 4 and 9 |

CLASS REUNION:

When: 17 April 2010

Where: Sierra Club Foster Lodge