



Sierra Club
San Diego Chapter

CAR CAMP CHECKLIST

COOKING

- Pots and pans
- Dishes and utensils
- Stove and fuel or share

FOOD

- Breakfast
- Lunches
- Dinner
- Trail snacks
- Ice chest
- Water (2 gal. per person per day)
- Plastic bags for trash
- Dish towel

CLOTHING

- Warm jacket
- Hiking boots
- Liner socks
- Wool socks
- Sun hat
- Bomber or stocking hat

SHELTER - SLEEPING

- Tent w/rain fly, poles, stakes or share
- Ground cloth
- Ensolite pad (or other closed cell pad)
- Sleeping Bag

TEN ESSENTIALS

- Map & compass
- Flashlight extra batteries & bulb
- Sunglasses
- Sunscreen & lip balm
- Extra food & water
- Extra clothing (rain gear)
- Waterproof matches
- Candle or fuel tablets
- Pocket knife
- First aid kit & personal medications
- Toilet paper & trowel
- Whistle

GENERAL USE

- Day pack
- Shovel or spade
- Tow rope

LUXURIES

- Lantern
- Pillow
- Beach chair