



2018 CLASS SCHEDULE

Schedule subject to change

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| Week #1 Jan 9 | Pre-Class Activity | 6:30 Arrive early to pick up your registration packet. Meet and greet staff. |
| | Trip Planning | Day Hike Instructions and Sign-Up |
| | Lecture Topics | Introduction to WBC Staff & Class Procedures, Boots, Ten Essentials |
| | Be Prepared | Do some conditioning hikes. Come ready to enjoy and explore! |

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| Weekend Jan 13-14 | Activity | Day hike at Iron Mountain |
| | When | Time slots between 7:00-10:00 Saturday OR Sunday |
| | Be Prepared | Bring day pack containing 15 pounds of gear including your 10 Essentials |

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| Week #2 Jan 16 | Pre-Class Activity | 6:30-6:55 Car Camp Leader Q & A |
| | Trip Planning | Car Camp: Overviews by Leaders and Trip Sign-Up |
| | Lecture Topics | Warm Climate Clothing, Backpacking Equipment |
| | Be Prepared | Review online Car Camp trip descriptions. Choose 2 or 3 options. Read Chapter 5. |

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| Week #3 Jan 23 | Pre-Class Activity | 6:15-6:55 Equipment Swap Meet |
| | Trip Planning | Car Camp: Planning Meeting with your leaders and group |
| | Lecture Topics | Fitness and Conditioning, Food and Nutrition, Topographic Maps, Backcountry Hygiene |
| | Be Prepared | Watch Land Nav Videos 1-4 and 8 online. Read Chapters 3 and 6, plus pages 118-126 and 180-183. |

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| Weekend Jan 27-28 | Car Camp | |
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| Week #4 Jan 30 | Pre-Class Activity | 6:30-6:55 Mtn/Desert Backpack Leader Q & A |
| | Trip Planning | Mountain/Desert Backpack: Overviews by Leaders and Trip Sign-Up |
| | Lecture Topics | Emergency Sheltering and Fire, Leave No Trace & Outdoor Ethics, First Aid, Animal Encounters |
| | Be Prepared | Review online trip descriptions. Choose 2 or 3 options. Read Chapters 2, 10, 13 and 14. |

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| Weekend Feb 3-4 | Car Camp-Alternate Weekend * | |
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| Week #5 Feb 6 | Pre-Class Activity | 6:15-6:55 Backpack Demos |
| | Trip Planning | Mountain/Desert Backpack: Planning Meeting with your leaders and group. |
| | Lecture Topics | Desert Flora and Fauna, Compass Skills, Water Treatment |
| | Be Prepared | Bring your compass. Watch Land Nav Videos 5-7 and 9-12. Watch Backpack Demo Videos. Read Chapter 11 and pages 126-135. |

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| Weekend Feb 10-11 | Mountain/Desert Backpack | |
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| Week #6 Feb 13 | Pre-Class Activity | 6:30-6:55 Land Navigation Backpack Leader Q & A |
| | Trip Planning | Land Navigation Backpack: Overviews by Leaders and Trip Sign-Up |
| | Lecture Topics | Weather, Land Navigation, Smartphone GPS |
| | Be Prepared | Review online trip descriptions. Choose 2 or 3 options. Review Land Nav Videos. Read Chapter 8 and pages 135-155. |

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| Weekend Feb 17-18 | Mountain/Desert Backpack Alternate Weekend * | |
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| Week # 7 Feb 20 | Pre-Class Activity | 6:15-6:55 Community Organization Night |
| | Trip Planning | Land Nav Backpack: Planning Meeting with your leaders and group. |
| | Lecture Topics | Snow Camp Info, Planning Your Own Outing, Environmental Illnesses |
| | Be Prepared | Read Chapters 4 and 9. |

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| Weekend Feb 24-25 | Land Navigation Backpack |
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| Week # 8 Feb 27 | Pre-Class Activity | 6:15-6:55 Sierra Club Sections, Snow Camp Leader Q & A |
| | Trip Planning | Snow Camp: Overviews by Leaders, Trip Sign-Up and Planning Session |
| | Lecture Topics | Sierra Club Sections, Winter Clothing and Equipment |
| | Be Prepared | Review online trip descriptions. Choose 2 or 3 options. Read Chapter 12. |

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| Weekend Mar 3-4 | Land Navigation Backpack Alternate Weekend * |
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| Week # 9 Mar 6 | Pre-Class Activity | 6:30-6:55 Make Up Outings Leader Q & A |
| | Trip Planning | Snow Camp Logistics and Equipment Check. Make Up Outings: Overviews by Leaders and Trip Sign-Up. |
| | Lecture Topics | Lighten Your Load |
| | Be Prepared | Bring your Snow Camp Equipment and Clothing. Review online Make Up Outing trip descriptions. Choose 2 or 3 options. |

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| Weekend Mar 9-11 | Snow Camp |
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| Week # 10 Mar 13 | Pre-Class Activity | 6:30 Make Up Outing Planning |
| | Lecture Topics | Bus and Ski Trips, Field Repair Tips and Tricks, Provisioning for Multi-Day Trips |
| | Special Events | Final Exam and Last Class Bash |
| | Be Prepared | Study for the Final Exam |

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| Weekend Mar 17-18 | Snow Camp Alternate Weekend * |
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| Weekend Mar 24-25 | Make Up Outings |
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| Weekend Mar 31-Apr 1 | Make Up Outings |
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*A limited number of trips will be offered on the Alternate Weekend